

SEPTEMBER 2024



ATLANTA
Dance
CENTRAL



3 September/October
Calendar

5 What's Next?

6 Alumni Highlight

9 Meet our New Teacher

12 Bestie Bash

13 ADC's 15th Birthday Party

14 ART Dancer of the Year 2024

15 Summer Fun Photo Pages





Happy Fall Y'all!

We've loved seeing all of our students return to classes so much that this month has FLOWN by! The Fall weather is giving us all the feels and we can't wait for all the new events coming up. This year we celebrate 15 Years of Dancing on October 1st. We have our Bestie Bash and our Birthday Party to celebrate. Be sure to save the date!

What's Going On?

WEEKS OF SEPTEMBER 15-OCTOBER 31

Core/Introductory Students

September 30th - October 5: Bestie

Bash

October 6th - ADC 15th Birthday Party

October 14-16: Mal's Heroes and Villains

Dance Academy Camp (Age 6-10)

October 26th: Bingo's Halloween Bash

(Ages 3-7)

October 31: No Class for Halloween

Atlanta Rising Talent (ART Company)

***Week of September 30 & Oct 7th :**

Choreography Sprint* (Check google calendar for Schedule)

October 6th - ADC 15th Birthday Party

October 19th - Important Once Upon A Holiday

Rehearsal with SIDEWAYS

October 31: No Class for Halloween



What's Next?

MORE INFO TO COME

Core/Introductory Students

November 18th - Labor Day Make-Up Class

November 19-22: Once Upon A Holiday Show Week

November 23-24 Once Upon A Holiday Performance (Core Students Age 6+)

November 25th- Dec 1st - Thanksgiving Break

December 15: Sugar Plum Showcase (Ages 3-5)

December 17: Last Day of Classes 2024

ART Company

September 30 - October 12: Choreography Sprint

November 2-3: ARTistry Convention

November 18: Labor Day Makeup Classes

November 18-24: Once Upon A Holiday Show Week

November 23-24: Once Upon A Holiday Performance

November 25th- Dec 1st - Thanksgiving Break

December 14: ART Holiday Party

Not sure if your child is in ART Company? ART is an audition-only intensive dance group for ages 5+. All ART students received an acceptance email on June 1st and were specifically notified of their placement. They received a handbook and signed a contract with their parents committing to the additional responsibilities. If you did not do this, your child is in our Core/Introductory Program. Students not in ART do not need to worry about ART rehearsals and events.



ADC Alumni Spotlight

Meet Mrs. Anslee Berry



Ansee started dancing with Ms. Charlotte in 2006 and was one of the original ART Company members when the studio opened in 2009. Ansee graduated in 2016 and went to the University of Alabama to pursue nursing. Currently she is a Labor and Delivery Nurse pursuing her doctorate in Nursing.

Why ADC is special to Ansee:

"My favorite memory of ART Company is definitely the nights when we didn't dance at all but instead went down a rabbit hole talking about our problems, laughing, giggling . . . the best community ever. It's so special because I like to consider Charlotte as an adult friend now, not just the mentor, dance teacher that she was back when I was dancing there. It's special to see that relationship grow. I'm still friends with a bunch of the girls from company and it's just a community that stay with you."

We'd love to hear from you!! What makes ADC special for your child?



Ansee lives in Birmingham is getting married in December 2025!



Fun Fact: Ansee was the first in Once Upon A Holiday when she was 9 years old. She is far left.





SAVE THE DATE FOR:

NOVEMBER

ONCE UPON A

23 & 24



**All ADC Students Age
6+ & ART students
will perform in this
fun show with
professional dancers.**

**Performance Details will be sent in
the beginning of October**

NEW CLASSES

New to dance and want to try out Ballet?
Try our intro to Ballet Class for Ages 6-10.

You'll learn ballet basic and fall in love
with the storytelling of Ballet.

MONDAYS FROM 4-5 PM



INTRO TO BALLET CLASS



INTRO TO AERIAL CLASS

Aerial Silks is a great way to build
movement skills, competence, and
confidence in various physical activities.
With this class, your child will not only
master beginner silk skills, but they will
also develop cognitive, social, and
emotional abilities through teamwork and
cooperation.

Thursday 4:00 -5:00 PM



Welcome

MS. GRACE

Grace Burkhart started dancing before she could even walk. However, her dance education began when she was two years old in Columbus, Ohio. From 2002 until her graduation in 2018, she was a student and teacher intern at Dublin Dance Center. Grace continued her dance education at the University of Cincinnati College-Conservatory of Music as a ballet-performance major then, danced professionally with Columbus Dance Theatre. She spent summers training with American Ballet Theater and Boca Ballet Theater. Grace was head choreographer of the Abbey Theater. She choreographed student and professional theater productions for 2 seasons. She is excited to share her passion with the students of Atlanta Dance Central!

Get to know Ms. Grace!

Favorite way to relax? I am 24 going on 94. I love watching Jeopardy and completing my crossword puzzles

Favorite pastime? I love to cook, go to the beach, and travel.

Favorite drink? a cup of black coffee

Favorite food? Taco Bell, Taco Bell and Taco Bell.

Any pets? My dog's name is Layla and I will be a cat mom soon!



Welcome

MS. JAYLAH

Jaylah Darlington brings over fifteen years of dance experience to our studio. She is an Atlanta-based performing artist who began her formal dance training at 8 years old with Strathmore City Dance in North Bethesda, Maryland. There, she had the opportunity to perform for President Barack Obama and First Lady Michelle Obama. Her extensive training includes Ballet, Hip-Hop, Jazz, Tap, Contemporary, and Modern, with a special focus on Musical Theatre, which earned her a spot in the NYU Tisch Summer Music Theatre Program. After returning to Georgia, Jaylah has channeled her passion into teaching, delighting in sharing her knowledge with the next generation of dancers. She is currently studying Human Biology and Kinesiology, where she is focusing on biomechanics and injury prevention to enhance dancer health and performance.

Get to know Ms. Jaylah!

Favorite way to relax? I love painting, drawing, writing poetry, and making jewelry.

Favorite pastime? Going to concerts or Going for walks with my Siberian Husky, Roman.

Favorite drink? Boba Fruit Tea

Favorite food? Korean Barbeque

Any pets? Roman, my Siberian Husky



Welcome

MS. MARIA

Maria Caprio, a native of Franklin, TN, fell in love with dance at the Franklin School of Performing Arts in 2011 and hasn't stopped dancing since then. She is a graduate of The University of Alabama (UA) Dance program, and while attending there, she performed in productions with the Alabama Repertory Dance Theatre, the Emerging Choreographers' Showcase, and Dance Alabama!. She was one of the choreographers and company members for Yonder Contemporary Dance Company which performed at the Fringe Festival in Edinburgh, Scotland this summer. She has trained with companies including Alvin Ailey, New Dialect, staibdance, Interlochen Arts Camp, and Joffrey South. She is also a certified yoga instructor through an RYT-200 Hour course and was the founder and president of UA's yoga club. UA's Department of Theatre and Dance has recognized her over the years with the Lou Wall Award, Most Outstanding Sophomore, and Most Outstanding Freshman.

Get to know Ms. Maria!

Favorite way to relax? I love watching a movie on the couch with my mom or sitting by the pool.

Favorite pastime? I love Yoga, Reading Harry Potter, and Going on hikes.

Favorite drink? Chai Latte

Favorite food? Moe's Southwest Grill

Any pets? I don't have any pets, but I love animals!



ADC BIRTHDAY

Bestie Bash!

September 30 - October 5

**GAMES, PRIZES, COSTUME CONTESTS,
DANCE PARTIES, & MORE!**

**BRING A FRIEND TO
YOUR CLASSES!!**

YOU'RE INVITED TO



Atlanta Dance Central's
15th Birthday Party

OCTOBER 6TH, 2024

2PM-5PM

**920 WOODSTOCK RD
ROSWELL, GA 30075**

**COME CELEBRATE
WITH THROWBACK
EVENTS AND
MEMORIES!!**

LET'S PARTY!

Julia Newton

2024 ART

Student of the Year

By Mercedes Ribaldo-Shore

What year did you start dancing at ADC?

(2017) 3rd Grade, 9 years old with Ms. Audrey/Ms. Kaitlin.

What's your favorite style of dance?

Ballet, because it is what I am best at and I enjoy thinking about working through each movement.

Where do you see dance in the future?

I really hope to pursue dance as a career. One of my biggest, number one dreams, and goals in life is to be a Radio City Rockette. I love the Rockettes! I would also really want to continue dancing in college, maybe on a dance team. But definitely dancing with the Rockettes one day...Fingers-crossed!

What was the process behind making your solo so amazing?

At first, I hadn't done a lot of intricate pointe work..I was still fairly a beginner...I immediately thought there is no way, no way, I am going to be able to do this...no way I am going to be able to look good. I felt so awkward, I was freaking out! What made the process special was all the hard work I put into it, and the self-reflecting it took to work towards the piece. Before I started the piece, I was very close minded because I felt I can't do that so I am not going to try. Having a piece way more intricate and requiring a lot more stamina really inspired me to work harder. I wanted to make it look good, so I got a gym membership, I asked dance teachers how to improve my stamina...all the hard work and the first performance I felt a breath of relief.

***Credits to Mrs. Charlotte for forcing me to do it at least 3-4 times each rehearsal. I would be dead, and she would say "One more time"!*

What's your favorite part about dancing at ADC?

Definitely the community and friends there. Some of my best friends ever, I met through dance. That's my favorite part. How close we are and inside jokes we have and the traditions we have that are niche just to our studio. I really enjoy that.



How has ADC ever helped you through challenging times?

The community, (at ADC) the overall positive atmosphere. Everybody there is so open to emotions. I know if I am ever having a bad day, and need to get a good cry out, I am going to have teachers or friends that are going to be there...really helped me. In class it really boosted my spirits by the end of each class and rehearsal I felt yeah, I am going to be ok!

Do you have any goals for the upcoming dance season?

I really hope to be more involved with Art Select, because I have my ballet solo, I want to explore jazz, contemporary, and tap. I really want to grow in technique in general and strength. I have been working a lot on my arm strength, my core strength and my leg strength mainly by going to the gym. I want to explore how to incorporate that into dancing.

What advice would you give to the students of ART company?

Don't put too much pressure on yourself. Remember you are younger. You can't put too much pressure on yourself. Also enjoy being a kid, don't wrap your whole life around dance to the point where it is all you think about. Also, sometimes when you feel like you don't want to go to class, that phase always passes. The whole dance experience gets better as you get older. Be patient!



SUMMER FUN



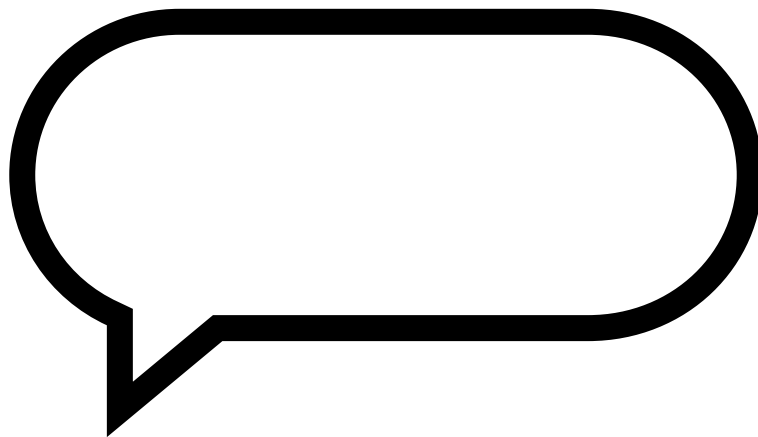


ART Launch Party Season 16!



Want to see something specific in next month's newsletter? Is there a dance topic you'd like to learn more about? Photographs you want to submit? Our goal is to design this newsletter around the needs of our ADC parents, so send your feedback and ideas my way!

With Love, Charlotte & the ADC Team



FOR QUESTIONS ABOUT EVERYTHING ELSE, FEEL FREE TO REACH OUT TO OUR AMAZING TEACHERS DIRECTLY

charlotte@atlantadancecentral.com

jeremy@atlantadancecentral.com

megan@atlantadancecentral.com

semaj@atlantadancecentral.com

Maria@atlantadancecentral.com

Grace@atlantadancecentral.com

jaylah@atlantadancecentral.com